

Hospital Entrance

## Connections

Your Tri-State Region Connection for Specialized Medicine Winter 2019 AMERICA'S

**250** Best **HOSPITALS**<sup>™</sup>

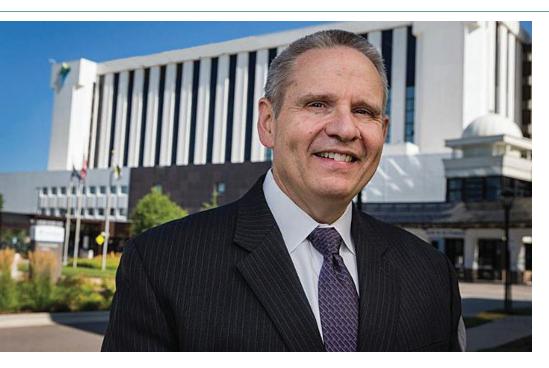
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**W** healthgrades.

Michael Mullins to Lead Mountain Health

**CHH Among Top 250** Hospitals in America

100 Best Hospitals for Joint Replacement Eight Years in a Row



Mike's impressive leadership strengths as a communicator, collaborator and mentor will help Mountain Health Network achieve its vision of creating a regional system that improves quality, access and affordability.

#### Michael Mullins Selected to Lead Mountain Health Network, Inc.

ichael Mullins, FACHE, has accepted the position of President and Chief Executive Officer for Mountain Health Network, Inc. Effective March 4, Mullins will assume strategic oversight to grow the new regional health system that includes Cabell Huntington Hospital, St. Mary's Medical Center and Pleasant Valley Hospital.

Mullins is arriving from Ascension Healthcare, the largest non-profit health system in the U.S. and the world's largest Catholic health system. He has served as Senior Vice President of Ascension Healthcare and CEO/Ministry Market Executive for Via Christi, the largest provider of healthcare services in Kansas, and St. John's Health in Oklahoma. He has been responsible for 12 hospitals and focused on leading integration processes, structuring clinical integration, enhancing medical staff relationships, guiding financial success and mentoring executives.

"We are pleased to welcome Michael Mullins as the system's permanent CEO," stated Kevin Yingling, RPh, MD,



chairman, Mountain Health and CHH Board of Trustees. "Mr. Mullins has expertise in leading hospital systems to

success through strategic priorities of growth, quality, patient experience and financial performance. Further, I commend the board selection committee and Interim System CEO, Gary White, for their dedication and commitment to the process."

"Mike's impressive leadership strengths as a communicator, collaborator and mentor will help Mountain Health Network, Inc. achieve its vision of creating a regional system that improves quality, access and affordability," stated Gary White. "We look forward to his leadership and commitment to exceed patients' expectations in the Tri-State region and beyond."

In addition to his extensive leadership roles with Ascension Healthcare, Mullins has more than 30 years of hospital leadership experience. He served as Regional Vice President of Quorum Health's Colorado region and provided leadership and operations support for 12 hospitals and strategic business arrangements. Additionally, he served in chief executive officer positions for Community Health Systems and Triad Hospitals. He led Gateway Health System in Clarksville, Tennessee; Kosciusko Community Hospital in Warsaw, Indiana; and Unimed Medical Center – St. Joseph's Hospital in Minot, North Dakota.

Mullins is a retired captain of the Medical Service Corps, United States Naval Reserves, where he served for 32 years including in Operation Enduring Freedom and Operation Iraqi Freedom. His last assignment was with the Joint Chiefs of Staff, and prior to that was a tour as commanding officer for a Commissioned Reserve Medical Unit for the Navy. He holds a master's degree in healthcare administration from Trinity University, San Antonio, and a bachelor's degree in political science from University of Texas at El Paso. He is a Fellow of the American College of Healthcare Executives. Mike and his wife, Meliss, have two adult sons, Nicholas and Austin. #

#### Mountain Health Network, Inc. & Charleston Area Medical Center Announce Affiliation Agreement

ountain Health Network, Inc. and Charleston Area Medical Center (CAMC) have entered into an affiliation agreement to explore opportunities and collaborate in order to enhance quality medicine, expand academic medical care and improve health care delivery for residents of West Virginia, southern Ohio and eastern Kentucky. Mountain Health, which includes Cabell Huntington Hospital and St. Mary's Medical Center, and CAMC will remain two distinct entities that will continue to run operations separately and will remain competitors in many aspects.



"Our two respected teaching organizations have a long history of educating physicians," stated

Kevin Yingling, RPh, MD, chair, Mountain Health Board of Directors. "A cornerstone of the agreement focuses on training and retaining higher quality physicians and health care providers in all areas of medicine. By working together, we can enrich medical care through education, research and clinical trials while benefiting the patients we serve."

"We share similar missions and values and working together in some areas not only makes sense, but can be advantageous to the communities we serve," stated Gary White, Interim CEO, Mountain Health. "Both organizations are regional referral centers known for providing highly-specialized care in the region. We look forward to working together to expand access for patients to advanced quality and academic medical care, close to home."

"Health care providers across the nation are creating affiliations, partnerships and collaborations in an effort to deliver high quality care in more efficient and effective ways than ever before," stated John Hoblitzell, chair, CAMC Board of Directors. "This agreement is an example of how strong, healthy not-for-profit institutions that share a goal of improving the health of the populations we serve build collaborations, and we believe the future of health care innovation will be based on relationships like this one."

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"No one is merging or being acquired," stated David Ramsey, President and CEO, CAMC. "This relationship is a collaborative working agreement.

Our organizations have a solid history of working together to tackle health care issues for southern WV and this agreement is a natural evolution of that work. While much is changing in health care delivery around the country and in our region, many things will remain the same."

As CAMC and Mountain Health embark on the affiliation agreement, the two will work together to explore initiatives that enhance the quality of health care and promote community health. #



## Edwards Comprehensive Cancer Center Awarded Transportation Grant

atients with cancer who are undergoing treatment frequently require transportation getting to and from facilities, often creating a financial and logistical burden. The American Cancer Society has awarded a transportation grant to the Edwards Comprehensive Cancer Center at Cabell Huntington Hospital to help provide access to care and treatment.

"Some of our patients don't have access to transportation or are too fatigued or sick to drive themselves," said Chris Hoffman, executive director of the Edwards Comprehensive Cancer Center. "This grant will allow us to assist those patients in getting to and from treatment."

To help patients access the critical care they need, American Cancer Society community transportation



grants are awarded at a local level to health systems, treatment centers and community organizations.

These grants are available in select communities through an application process and focus on addressing unmet transportation needs of cancer patients, particularly vulnerable populations experiencing an unequal burden of cancer.

Mary Lough, representative from the North Central Region of the American Cancer Society said, "The Society

collaborates with community health partners to reach individuals in areas with higher burdens of cancer and limited or no access to transportation because even the best treatment can't work if a patient can't get there."

For additional information about the American Cancer Society's transportation programs or to become a volunteer driver, call 1.800.227.2345.#

#### Hoops Family Children's Hospital Receives Grant to Purchase Transport Incubator

he Hoops Family Children's Hospital (HFCH) at Cabell Huntington Hospital has purchased a transport incubator through a \$40,000 grant from Brave Beginnings, a program created by the Will Rogers Institute. HFCH is the only hospital in West Virginia awarded funds through the foundation.

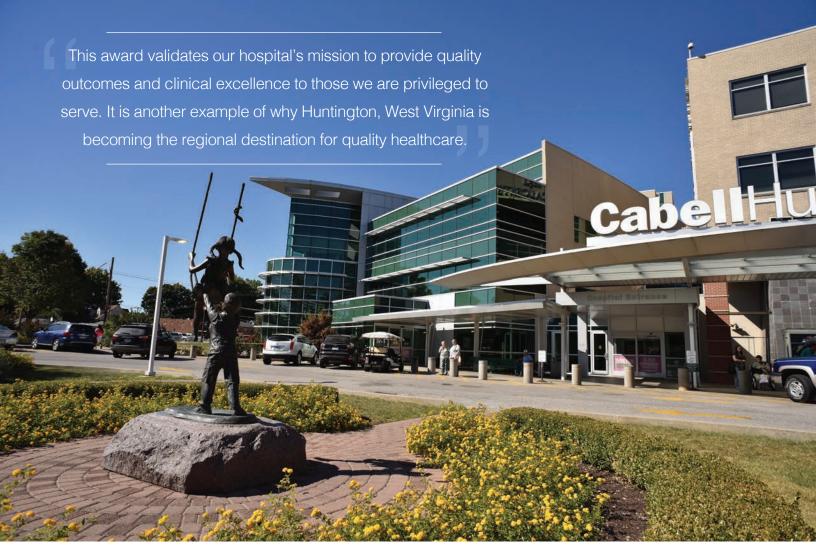
Transporting preterm or ill infants requires equipment to maintain air quality and temperature to prevent hypothermia and other adverse effects while en route to a neonatal intensive care unit (NICU).

The use of a transport incubator provides sufficient insulation and/ or additional heat and provides protection from outside conditions that could interfere with healing and development.



"We are so thankful for this grant," said Melanie Akers, director of the Hoops Family Children's Hospital. "This vital

piece of equipment will ensure that critically ill and premature infants continue to be transported safely." Brave Beginnings is a program of the Will Rogers Motion Picture Pioneers Foundation working to ensure ventilators and vital neonatal equipment is always available to newborns in critical need. Brave Beginnings has contributed millions of dollars to facilities across the United States. Each year, the program spends roughly \$1 million in grants awarded to hospitals nationwide. The funds are used to purchase vital equipment for Neonatal Intensive Care Units (NICUs) to care for fragile lives born too soon. #



## Only Hospital in the Tri-State to be Recognized Among the Top 5% of America's Hospitals

abell Huntington Hospital (CHH) is the only hospital in West Virginia and the Tri-State region to be named to America's 250 Best Hospitals by Healthgrades.

Healthgrades, the leading online resource for information about physicians and hospitals, released the recipients this week of the America's 250 Best Hospitals Awards™— which represent the top hospitals in the nation. These hospitals demonstrate superior clinical outcomes across the majority of common inpatient conditions and procedures and sustained this performance for at least five consecutive years. This award recognizes the top 5% of 5,000 hospitals in the nation for clinical excellence.



"I am proud of our entire team's dedication to the highest levels of patient care. This is evident in their performance,

commitment and excellence," said Kevin Fowler, president and CEO of CHH. "This award validates our hospital's mission to provide quality outcomes and clinical excellence to those we are privileged to serve. It is another example of why Huntington, West Virginia is becoming the regional destination for quality healthcare."

Not only do America's Best Hospitals demonstrate superior clinical outcomes and sustained performance, they also prioritize collaboration across the organization.



For a complete listing of Healthgrades awards presented to Cabell Huntington Hospital, visit us on the web at www.cabellhuntington.org. #

#### Cabell Huntington Hospital Among 100 Best Hospitals for Joint Replacement Eight Years in a Row



or the EIGHTH year in a row, for as long as this award has been available to the public, Cabell Huntington Hospital (CHH) has been recognized by Healthgrades as one of America's 100 Best™ Hospitals for Joint Replacement. CHH is the only hospital in the entire states of West Virginia and Kentucky as well as the Tri-State region with this.



"We have been able to stay at the top of the country by relentlessly and continuously pursuing excellence. This is a team effort, and our team is second to none!"

– Ali Oliashirazi, MD, surgical director of the Mary H. Hodges Joint Replacement Center at Cabell Huntington Hospital and Professor and Chair, Department of Orthopaedic Surgery Marshall University Joan C. Edwards School of Medicine.

#### AWARDS OF CONTINUED EXCELLENCE

- ONLY hospital in WV to be America's 100 Best for Joint Replacement 8 Years in a Row (2012-19)
- One of Healthgrades 2019 America's 100 Best Hospitals for Orthopedic Surgery
- ONLY hospital in WV to receive Joint Replacement Excellence Award™ for 12 Years in a Row (2008-19)
- ONLY hospital in WV among the Top 5% in the Nation for Joint Replacement for 9 Years in a Row (2011-19)
- ONLY hospital in WV Among the Top 10% in the Nation for Joint Replacement for 12 Years in a Row (2008-19)
- ONLY hospital in WV and KY to receive the Orthopedic Surgery Excellence Award for 2 years in a row (2018-19)
- ONLY hospital in WW among the Top 10% in the nation for overall orthopedic services for 2 years in a row (2018-19)
- Five-Star Recipient for knee replacement surgery 12 years in a row (2008-2019)
- Five-Star Recipient for hip replacement 2 years in a row (2018-2019)

The complete Healthgrades 2018 Report to the Nation and detailed study methodology, can be found at www.healthgrades.com/quality.

### Bringing the Best Orthopedic Cancer Care in the Nation to our Backyard

he Edwards Comprehensive Cancer Center's (ECCC) department of Orthopedic Oncology treats patients diagnosed with bone cancer or soft tissue sarcoma, as well as patients who have other cancers that have spread to or affect their bones. While this highly-specialized cancer is less common, patients have access to state-of-the-art treatment. A partnership with The Ohio State University's (OSU) James Cancer Center allows patients to enroll in OSU's cancer research protocols, ensuring they have access to the most promising medical advances available.



"Studies show that patients prefer not to travel more than 45 minutes to get care even if it means they would get better care," said Felix Cheung, MD, associate professor, vice chair of operations and finance, and chief of the department of Orthopaedics at the Joan C. Edwards School of Medicine at Marshall

University. "We are able to provide nationally recognized care so patients do not need to travel long distances."

Bone cancer is a rare disease, with about 2,500 new cases diagnosed each year, typically in children and people over the age of 60. Soft tissue sarcoma, more prevalent but still relatively rare, is diagnosed in about 15,000 patients each year. There are fewer than 150 orthopedic oncologists in the United States, making the ECCC one of the few facilities to offer this specialized care.

Orthopedic oncology patients at the ECCC benefit from a novel "tumor board," comprised of medical, orthopedic and pediatric oncologists, who meet online to discuss the best treatment for patients. With optimal treatment, many orthopedic cancer patients not only survive, but also return to their normal activities. Dr. Cheung relates the story of a teenager who had primary bone cancer affecting the knee. Part of the shinbone had to be removed and reconstructed, along with chemotherapy and physical therapy. After completing treatment, the teen was able to return to participating in the high school's marching band.

The orthopedic oncology team at the ECCC trains residents and oncology fellows who conduct research and participate in studies such as how CT scans can be used to predict whether a metastatic lesion can cause a fracture or not. They are currently conducting one of the largest studies in the United States on the use of artificial bone filler to replace bone that had to be removed as part of cancer treatment. These teaching and research missions allow physicians at the ECCC to use their expertise to help people far beyond the Tri-State region.

"We participate in a substantial number of research projects in the hope that we can further science and help people beyond our community by sharing information and our experience with other doctors, which will help them choose superior options for their patients as well," said Dr. Cheung. #

#### West Virginia Hospital Association Appoints Kevin Fowler to Board, Presents Awards to Cabell Huntington Hospital

he West Virginia Hospital Association (WVHA), representing 63 acute care and specialty hospitals and health systems in West Virginia, recently elected new officers, appointed trustees and recognized high-achieving hospitals during its annual meeting.



Kevin Fowler, president and CEO at Cabell Huntington Hospital (CHH) was appointed WVHA Board Chair-Elect. In addition, CHH Auxiliary President Mozelle

Medcalf was elected President of the Auxiliary of West Virginia Hospital Associations and CHH Manager of Volunteer Services and Guest Relations Donna May was elected as President of the Society of Directors of Volunteer Services of the West Virginia Hospital Association.

CHH Volunteer Jerry McClellan was presented the award for Volunteer of the Year. CHH Volunteers have received the Volunteer of the Year award for the past three years over 62 other healthcare organizations across West Virginia.

WVHA also recognized a number of hospitals for their outstanding work in the Commitment to Excellence Honors Program and their commitment to the following topic areas: Antibiotic Stewardship, Breastfeeding Initiative, Influenza Vaccination, Hospital Improvement Innovation Network (HIIN), Use and Prescribing of Opioids in Emergency Departments, Tobacco Cessation Assistance and Emergency Department Information Exchange (EDIE). Cabell Huntington Hospital received Gold Honors for continued commitment to excellence.

Cabell Huntington Hospital was also recognized for successful organ, tissue and cornea donation and was presented the West Virginia Governor's Award for Life 2018.

For more information about the West Virginia Hospital Association please visit www.wvha.org. #





uring my first MRI I was shocked to realize I have extreme claustrophobia. I immediately thought I was suffocating," said Monte Ward, senior vice president, chief financial officer and a patient at Cabell Huntington Hospital (CHH). "I wanted so badly to hit the panic button. I would take a deep breath, but quickly panic again."

When it comes to getting a Magnetic Resonance Imaging (MRI) test, those feelings aren't uncommon. The Center for Diagnostic Imaging (CDI) estimates that during an MRI, four out of 10 patients express concern. An MRI Imaging scanner uses magnetism and radio waves to produce remarkably clear pictures of the inside of the head, spine or other body parts. Tests can be lengthy in

#### Cabell Huntington Hospital Using Entertainment Technology to Ease Patients

time and require the patient remain still to capture the clearest quality images.

To help ease anxiety and promote calm patients can now watch a movie or listen to their favorite music using the state-of-the-art Cinemavision MRI-compatible entertainment system during their test.

"Patients forget about their surroundings as they watch a DVD, TV or listen to an iPod, internet radio or an MP3 player," said Stacy Davis, assistant director of Radiology at CHH. "Studies have shown that MRI entertainment helps soothe anxious patients and minimize the claustrophobia that can disrupt exams. The result is often faster and more accurate exams and less time-consuming re-scans—leading to better and faster diagnoses."

The Cinemavision system delivers sharp, realistic audio-video entertainment. Patients can bring their favorite DVD or CD or choose from a variety of options in Radiology.

Isaiah McGlothin, 10, used Cinemavision during his second MRI at CHH. His comment after his test was, "This is crazy! Way better than the first time."

The purchase of the Cinemavision entertainment system was made possible by a donation from Radiology, Inc. of West Virginia.



"As a father of five, I know what a challenge it can be to require a 9-yearold to remain still for an extended

period of time," said Peter Chirico, MD, Radiology, Inc. "With the Cinemavision goggles, such a procedure becomes less risky and less costly by removing the need for anesthesia to perform such a procedure."

For more information about outpatient testing at Cabell Huntington Hospital, visit us on the web at www.cabellhuntington.org or call 304.526.2122.#



This is a voluntary program that allows us to share and compare our data with breast centers across the nation.

This designation validates

we are doing well.

## ECCC Breast Health Center Earns Certified Quality Breast Center® Designation



he Edwards Comprehensive
Cancer Center's (ECCC) Breast
Health Center has received
the National Quality Measures for
Breast Centers (NQMBC) Certified
Quality Breast Center designation.
The Breast Health Center has earned
this recognition and done so for eight
years in a row. It is the only hospital in
the region to earn this recognition.

"We are extremely proud of this designation," said Marsha Dillow, RN, MSN, CBCN, director of the ECCC



Breast Health Center at Cabell Huntington Hospital. "This is a voluntary program that allows us to share and compare

our data with breast centers across the nation. This designation validates we are doing well."

The NQMBC program offers breast health centers the ability to track and measure quality performance measures in more than 30 individual quality indicators. Measuring and comparing quality performance is effective in assessing patient care and identifying ways to improve.

"We want to continually improve for our patients," said Dillow. "That is what makes a good organization great."

For more information about the Breast Health Center, call 304.526.2270 or visit us on the web at www.cabellhuntington.org.#





### Marshall Health, School of Medicine to Launch Sweet Times Café for Patients, Caregivers

Health and the Marshall University Joan C. Edwards School of Medicine have launched a new experience to help individuals with dementia and their caregivers. Made possible through a \$15,000 grant from the Bernard McDonough Foundation, the Sweet Times Café will offer refreshments and creative activities in a supportive setting.



"As dementia progresses, it often becomes difficult to be around people, places or events they previously

enjoyed," said Shirley M. Neitch, MD, geriatrician at Marshall Health and Cabell Huntington Hospital, professor and director of the Maier Institute for Excellence in Prescribing for Elders with Dementia at the Marshall University Joan C. Edwards School of Medicine. "In addition to concern about their forgetfulness, people with dementia may also worry about being too messy or slow."

The café concept originated in the Netherlands in 1997 and came to the United States in 2008. Sweet Times Café sessions take place the 2<sup>nd</sup> & 4<sup>th</sup> Friday of each month at Huntington's Kitchen. Participants may drop in briefly or stay the entire time. Caregivers will be able to engage with other caregivers without planning activities. Persons with dementia will interact with others who understand the challenges and concerns they face. Refreshments will be offered and cultural activities will include background music and featured performances, gallery-type art displays, art creation and crafting opportunities, and other literary activities such as poetry writing and journaling.

Neitch said adult, college and high school volunteers can experience the joy of helping others by sharing their music or art or helping with greeting and cleanup.

Reservations are not required, but interested individuals may call Marshall Internal Medicine at 304.691.1681 to assist refreshment and seating plans. # As dementia progresses, it often becomes difficult to be around people, places or events they previously enjoyed.



#### Sweet Times Café

Huntington's Kitchen 911 Third Avenue Huntington, WV 25701 # HUNTINGTON'S KITCHEN

Second and fourth Friday of every month

Call 304.691.1681 to register.

#### CHH Center for Wound Healing Aids in Diabetic Foot Issues

very year, chronic wounds caused by diabetes, poor circulation or other conditions keep three to five million Americans from doing the things they love.

Type 1 diabetes, or insulin-dependent diabetes, is an autoimmune disease that results when the body attacks the cells in the pancreas. If left untreated, diabetes can result in damage to the eyes, kidneys, nerves, heart and can also lead to come and death.

The Center for Wound Healing at Cabell Huntington Hospital applies proven wound care practices and advanced clinical approaches to help heal patients who suffer from chronic wounds caused by diabetes.



"Uncontrolled diabetes can damage nerves," said David Denning, MD, medical director of the Center for

Wound Healing and professor and chair of the Department of Surgery at Marshall University Joan C. Edwards School of Medicine. "Damaged nerves in legs and feet can cause a loss of senses such as hot, cold or pain. This lack of feeling is called sensory diabetic neuropathy."

According to Denning, patients who suffer from diabetic neuropathy may experience cuts and sores that get worse and become infected. In some, diabetic neuropathy can cause the muscles of the foot not to function properly, because the nerves that make the muscles work are damaged. This could cause the foot



not to align properly and create too much pressure in one area of the foot causing foot ulcers.

"The primary goal in the treatment of foot ulcers is to obtain treatment as soon as possible," Denning explained.

"The faster the wound is addressed the less chance for an infection." There are several key factors in the appropriate treatment of a diabetic foot ulcer:

- Preventing infection
- · Taking the pressure off the area
- · Removing dead skin and tissue
- Applying medication or dressings to the ulcer
- Managing blood glucose and other health problems.

"Reducing additional risk factors, such as smoking, drinking alcohol,

high cholesterol and elevated blood glucose, are important in prevention and treatment of a diabetic foot ulcer," Denning said. "Also, wearing the appropriate shoes and socks will go a long way in reducing risks."

Using a team of multidisciplinary specialists and state-of-the-art wound care techniques, The Center for Wound Healing is a certified wound center of Excellence and has achieved some of the best healing rates and fastest healing times in the nation. If you have diabetes and suffer from lack of sensation, a feeling of "pins and needles" or pain in your feet, visit the Center for Wound Healing, located at 1600 Medical Center Drive, Suite 2500, for a free diabetic foot screening each Tuesday from 9 to 11 a.m. No appointment is necessary. For more information call 304.399.3510. #

# Proud recipient of the Wound Center of Excellence Award



Cabell Huntington Hospital

1340 Hal Greer Boulevard Huntington, West Virginia 25701

Cabell Huntington Hospital Launches
New and Improved Website

Cabell Huntington Hospital has launched a new website that offers numerous enhancements including ease of navigation, access to personal health information, education on services and procedures and online bill pay. The web address remains the same: www.cabellhuntington.org.

"We listened to our patients and visitors and monitored traffic data to determine the layout of the new site," said Lisa Stump, VP Strategic Marketing, Planning and Business Development at Cabell Huntington Hospital. "The website is also mobile responsive, which adapts automatically to device size, whether you are viewing the site on a desktop computer, tablet or mobile device. With the amount of information consumed through mobile phones and tablets today, it is essential to provide a site that functions on these devices."

The latest features on the new website include:

- A sleek, modern design
- An A to Z index of services
- Up-to-date information on



educational opportunities and events

- Ease of finding a provider
- Online Bill Pay
- Quick access to personal health records through My Health File
- Navigation components to help you find your way to your appointments

"We have also added online registration for some of our regular classes and upgraded the search function to search all of our websites (Edwards Comprehensive Cancer Center, Hoops Family Children's Hospital and Huntington's Kitchen) for quick results," Stump explained.

If you have feedback you would like to share regarding the new site please email shawn.jordan@chhi.org or call 304.399.6742.

#### Welcome New Docs!



**Mohammed AlJasmi, MD**Pulmonologist
Marshall Internal Medicine
1249 15<sup>th</sup> Street, Huntington
304.691.1000



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Daniel A. Beals
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Marshall Surgery
1340 Hal Greer Boulevard
304.691.1200



**Gregory D. Borowski, DPM**Orthopedic Surgeon
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